



I ~~didn't~~ *do* have
healthy food and
someone ~~anyone~~ to talk to.

“I live alone, and to be honest, there are days I probably wouldn't eat if it were not for Meals on Wheels through Tippecanoe Senior Services. Every day, they bring me a warm, nutritious meal and I always look forward to seeing who's delivering that day. We chat for a few minutes and that little visit makes a big difference. Some days, it's the only human contact I get, and that can feel pretty lonely. I don't have a lot of people in my life, so it's nice to have someone check in on me. They feel like family now. Having them stop by gives me hope and reminds me I'm not forgotten.”

TOGETHER, WE CAN CHANGE THEIR STORY.

See Ken's story at uwlafayette.org



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